Overview: The 2020 influenza season so far

Influenza-like illness (ILI) for the twelfth reporting week has increased slightly but remains below the average activity threshold with 1.5 ILIs per 1000 patients seen.

The number of notified cases of laboratory confirmed influenza is one quarter the number notified by the same time in 2019. The majority of notified cases over the season have been type A (88.5%), and type A cases are older than type B cases.

Three swabs were received from VicSPIN this week, of which 0% (0 swabs) were positive for influenza. No other respiratory viruses were detected.

Figure 1. Routinely notified influenza cases and VicSPIN and National Home Doctor Service (NHDS) ILI consultation proportions, Victoria, 2015 – 2020

National Home Doctor Service (Victoria)

- The ILI proportion for this week is 1.02 ILI cases per 1,000 patients seen (Figure 1).
- ILI activity has decreased further since last week and remains below the average activity threshold range of 10-35 ILI cases per 1,000 patients seen.
Victorian Sentinel Practice Influenza Network

- The ILI proportion measured by VicSPIN is slightly higher than last week but continues to be below the average activity level with 1.5 ILI cases per 1,000 patients seen. (Figures 1 & 2).
- Three swabs were received this week, of which 0 (0%) were positive for influenza. No other respiratory viruses were detected (Figure 3).

Table 1. Summary of reporting from general practice sentinel sites, week ending 7 June 2020

<table>
<thead>
<tr>
<th></th>
<th>Week</th>
<th>Year-to-date</th>
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<tbody>
<tr>
<td>Number (%) of general practitioners reporting</td>
<td>53 (100%)</td>
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<tr>
<td>Total patients seen</td>
<td>4,693</td>
<td>51,645</td>
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<tr>
<td>Total patients with ILI</td>
<td>7</td>
<td>157</td>
</tr>
<tr>
<td>Consultation rate for ILI (per 1,000 patients)</td>
<td>1.5</td>
<td>3.0</td>
</tr>
<tr>
<td>Number of specimens received</td>
<td>3</td>
<td>115</td>
</tr>
<tr>
<td>Number (%) positive for influenza</td>
<td>0 (0%)</td>
<td>1 (0.9%)</td>
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</tbody>
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Figure 2. VicSPIN ILI consultation proportions, Victoria, 2017, 2018, 2019 and 2020
Figure 3. VicSPIN respiratory virus detections and percent influenza positive, Victoria, 2020

Observations from other influenza surveillance systems

Notified cases of laboratory confirmed influenza

- A total of 4,763 cases of laboratory confirmed influenza have been processed so far in 2020, only 0.26 times the number notified by the same time in 2019 (Figure 1). This number is subject to change as notifications are processed and entered.
- Year to date, 88.5% of notified cases have been type A (14% of Type A cases are aged less than 10 years and 16% aged 65 years and over) and 11.5% have been type B (20% of Type B cases are aged less than 10 years and 7% aged 65 years and over). However, there has been a small shift in the ratio of type A to B, with 87% type A and 13% type B in the last four weeks.

World Health Organization Collaborating Centre for Reference and Research on Influenza

- The strains included in the 2020 influenza vaccine are: A/Brisbane/02/2018 (H1N1)pdm09-like virus; A/South Australia/34/2019 (H3N2)-like virus and B/Washington/02/2019-like (B/Victoria lineage) and B/Phuket/3073/2013-like (B/Yamagata lineage) virus. All seasonal influenza vaccines available for use in Australia in 2020 are quadrivalent vaccines (QIV).
- A total of 83 Victorian isolates have been strain-typed by the WHO to date: 31 as A/Brisbane/02/2018-Like; 39 as A/Brisbane/02/2018-Low Reactor; 4 as A/South Australia/34/2019-Like; 3 as A/South Australia/34/2019-Low Reactor; and 6 as B/Washington/02/2019-Like.
- No isolates have shown resistance to zanamivir but two isolates have shown resistance to oseltamivir, among the 222 Australian isolates tested so far in 2020.