Report No. 14: Week ending 21 June 2020

Overview: The 2020 influenza season so far

Influenza-like illness (ILI) for the 14th reporting week has increased **three-fold** since last week but remains **below the average activity threshold** with 2.9 ILIs per 1000 patients seen.

The number of notified cases of laboratory confirmed influenza is **one fifth times** the number notified by the same time in 2019. The majority of notified cases over the season have been **type A (88.5%)**, and type A cases are older than type B cases.

**One swab** was received from VicSPIN this week which was positive for picornavirus.

*Figure 1. Routinely notified influenza cases and VicSPIN and National Home Doctor Service (NHDS) ILI consultation proportions, Victoria, 2015 – 2020*

**National Home Doctor Service (Victoria)**

- The ILI proportion for this week is 0.33 ILI cases per 1,000 patients seen (Figure 1).
- ILI activity has decreased since last week and remains **below** the average activity threshold range of 10-35 ILI cases per 1,000 patients seen.
Victorian Sentinel Practice Influenza Network

- The ILI proportion measured by VicSPIN is higher than last week but continues to be below the average activity level with 2.9 ILI cases per 1,000 patients seen. (Figures 1 & 2).
- One swab was received this week which was positive for picornavirus (Figure 3).*

Table 1. Summary of reporting from general practice sentinel sites, week ending 21 June 2020

<table>
<thead>
<tr>
<th></th>
<th>Week</th>
<th>Year-to-date</th>
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<tbody>
<tr>
<td>Number (%) of general practitioners reporting</td>
<td>53 (100%)</td>
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<tr>
<td>Total patients seen</td>
<td>5,209</td>
<td>60,871</td>
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<tr>
<td>Total patients with ILI</td>
<td>15</td>
<td>176</td>
</tr>
<tr>
<td>Consultation rate for ILI (per 1,000 patients)</td>
<td>2.9</td>
<td>2.9</td>
</tr>
<tr>
<td>Number of specimens received</td>
<td>1*</td>
<td>116</td>
</tr>
<tr>
<td>Number (%) positive for influenza</td>
<td>0 (0%)</td>
<td>1 (0.8%)</td>
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*Twelve swabs were collected, but eleven were sent to other pathologies for Covid-19 and respiratory panel testing. We are unable to report results from testing performed at other pathologies.

Figure 2. VicSPIN ILI consultation proportions, Victoria, 2017, 2018, 2019 and 2020
Observations from other influenza surveillance systems

Notified cases of laboratory confirmed influenza

- A total of 4,780 cases of laboratory confirmed influenza have been processed so far in 2020, only 0.2 times the number notified by the same time in 2019 (Figure 1). This number is subject to change as notifications are processed and entered.
- Year to date, 88.5% of notified cases have been type A (14% of Type A cases are aged less than 10 years and 16% aged 65 years and over) and 11.5% have been type B (20% of Type B cases are aged less than 10 years and 7% aged 65 years and over). However, there has been a small shift in the ratio of type A to B, with 86% type A and 14% type B in the last four weeks.

World Health Organization Collaborating Centre for Reference and Research on Influenza

- The strains included in the 2020 influenza vaccine are: A/Brisbane/02/2018 (H1N1)pdm09-like virus; A/South Australia/34/2019 (H3N2)-like virus and B/Washington/02/2019-like (B/Victoria lineage) and B/Phuket/3073/2013-like (B/Yamagata lineage) virus. All seasonal influenza vaccines available for use in Australia in 2020 are quadrivalent vaccines (QIV).
- A total of 89 Victorian isolates have been strain-typed by the WHO to date: 31 as A/Brisbane/02/2018-Like; 45 as A/Brisbane/02/2018-Low Reactor; 4 as A/South Australia/34/2019-Like; 3 as A/South Australia/34/2019-Low Reactor; and 6 as B/Washington/02/2019-Like.
- No isolates have shown resistance to zanamivir but two isolates have shown resistance to oseltamivir, among the 222 Australian isolates tested so far in 2020.