Report No. 22: Week ending 16 Aug 2020

Overview: The 2020 influenza season so far

Influenza-like illness (ILI) for the 22\textsuperscript{nd} reporting week is lower than last week and remains \textbf{well below the average} activity threshold with 0.4 ILIs per 1000 patients seen.

The number of notified cases of laboratory confirmed influenza is \textbf{90\% lower} than the number notified by the same time in 2019. The majority of notified cases over the season have been \textbf{type A (88.5\%)}, and type A cases are older than type B cases.

Z\textbf{ero swabs} were received from VicSPIN this week.

\textit{Figure 1. Routinely notified influenza cases, VicSPIN and National Home Doctor Service (NHDS) ILI consultation proportions, Victoria, 2015 – 2020}

\textbf{National Home Doctor Service (Victoria)}

- The ILI proportion for this week is 1.0 ILI cases per 1,000 patients seen (Figure 1).
- ILI activity is similar to last week and remains \textbf{below} the average activity threshold range of 10-35 ILI cases per 1,000 patients seen.
Victorian Sentinel Practice Influenza Network

- The ILI proportion measured by VicSPIN is lower than last week and continues to be well below the average activity threshold with 0.4 ILI cases per 1,000 patients seen. (Figures 1 & 2).
- Zero swabs were received from VicSPIN this week (Figure 3).

Table 1. Summary of reporting from general practice sentinel sites, week ending 16 August 2020

<table>
<thead>
<tr>
<th></th>
<th>Week</th>
<th>Year-to-date</th>
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<tbody>
<tr>
<td>Number (%) of general practitioners reporting</td>
<td>52 (100%)</td>
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<tr>
<td>Total patients seen</td>
<td>4,884</td>
<td>99,513</td>
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<tr>
<td>Total patients with ILI</td>
<td>2</td>
<td>218</td>
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<tr>
<td>Consultation rate for ILI (per 1,000 patients)</td>
<td>0.4</td>
<td>2.2</td>
</tr>
<tr>
<td>Number of specimens received</td>
<td>0</td>
<td>124</td>
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<tr>
<td>Number (%) positive for influenza</td>
<td>0 (0%)</td>
<td>1 (0.8%)</td>
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Figure 2. VicSPIN ILI consultation proportions, Victoria, 2017, 2018, 2019 and 2020
Figure 3. VicSPIN respiratory virus detections and percent influenza positive, Victoria, 2020

Observations from other influenza surveillance systems

**Notified cases of laboratory confirmed influenza**

- The number of notified cases of laboratory confirmed influenza is higher than last week with 16 cases compared to 10 in the previous week.
- A total of 4,921 cases of laboratory confirmed influenza have been processed so far in 2020, a 90% decrease on the number notified by the same time in 2019 (Figure 1).
- Year to date, 88.5% of notified cases have been type A (14% of Type A cases are aged less than 10 years and 16% aged 65 years and over) and 11.5% have been type B (20% of Type B cases are aged less than 10 years and 7% aged 65 years and over). However, there has been a shift in the ratio of type A to B, with 87% type A and 13% type B in the last four weeks.

**World Health Organization Collaborating Centre for Reference and Research on Influenza**

- The strains included in the 2020 influenza vaccine are: A/Brisbane/02/2018 (H1N1)pdm09-like virus; A/South Australia/34/2019 (H3N2)-like virus and B/Washington/02/2019-like (B/Victoria lineage) and B/Phuket/3073/2013-like (B/Yamagata lineage) virus. All seasonal influenza vaccines available for use in Australia in 2020 are quadrivalent vaccines (QIV).
- A total of 91 Victorian isolates have been strain-typed by the WHO to date: 31 as A/Brisbane/02/2018-Like; 45 as A/Brisbane/02/2018-Low Reactor; 5 as A/South Australia/34/2019-Like; 3 as A/South Australia/34/2019-Low Reactor; and 7 as B/Washington/02/2019-Like.
- No isolates have shown resistance to zanamivir, however two isolates have shown resistance to oseltamivir, among the 323 Australian isolates tested so far in 2020.